

PRE-READING

Task 1. Translate the words in bold. Choose the most suitable variant.

Continental breakfast is ...

- a) завтрак на континенте
- b) континентальный завтрак

Rolls are ...

- a) булочки
- b) роллы

Cream is ...

- a) крем
- b) сливки
- c) сметана

Buttered toasts are ...

- a) тост, намазанный маслом
- b) обжаренный тост с маслом
- c) тост, обжаренный на масле

Pickles are ...

- a) маринованные овощи
- b) кислота
- c) зерно

Mutton chop is ...

- a) отбивная
- b) говядина
- c) котлета из говядины

Steak is ...

- a) стейк
- b) бифштекс
- c) котлета

High tea is ...

- a) крепкий чай
- b) поздний ужин с чаем

Task 2. Complete the following sentences with suitable words.

a café; oranges; a continental breakfast; afternoon tea; restaurant; dinner; meals; lunch; marmalade.

1. Traditionally English people have 4 _____ a day.
2. People in Britain generally _____ about one o'clock.
3. Some English people like a _____ of rolls, butter and coffee.
4. People in Britain love _____ made from _____ with buttered toasts and tea or coffee for breakfast.

5. It is impossible to come home for lunch, so people can go to a _____ or _____.
6. A sociable sort of thing is _____ because people often come in then for a chat while they have their cup of tea with cake or biscuit.
7. In a great many English homes people make _____ one of the day.

Task 3. Rewrite the following sentences using synonyms or expressions that are suitable by the meaning.

1. Most of British people like rolls, butter and coffee for breakfast.
2. The usual English breakfast consists of tea or coffee, toasts with butter and orange jam.
3. Afternoon tea is a meal when you can discuss some interesting things with your friends or colleagues.
4. In most houses dinner is thought as the main meal of the day.

WHILE-READING

Traditional Meals in Britain

The usual meals in Britain are: breakfast, lunch, tea and supper. Breakfast is generally a bigger meal than they have on the Continent, though some English people like a **continental breakfast** of **rolls**, butter and coffee. But the usual English breakfast is porridge or cornflakes with milk or **cream** and sugar, bacon and eggs, marmalade made from oranges with **buttered toasts** and tea or coffee. For a change, you can have a boiled egg, cold ham or, perhaps, fish.

People in Britain generally have lunch about one o'clock. The businessman in London usually finds it impossible to come home for lunch, and so he goes to a cafe or restaurant; but if he is making lunch at home, he has cold meat (left over probably from yesterday's dinner), potatoes, salad and **pickles** with a pudding of fruit to follow. Sometimes people have a **mutton chop** or **steak** and chips followed by biscuits and cheese, and some people like a glass of light beer with lunch.

Afternoon tea you could hardly call a meal but it is a sociable sort of thing as friends often come in then for a chat while they have their cup of tea with cake or biscuit.

In some houses dinner is the biggest meal of the day. In a great many English homes people make the midday meal the chief one of the day, and in the evening they have the much simpler supper - an omelette or sausages, sometimes bacon and eggs, and sometimes just bread and cheese, a cup of coffee or cocoa and fruit.

Some people also have «**high tea**». They say there is no use for these afternoon teas where you try to hold a cup of tea in one hand and a piece of bread and butter about as thin as a sheet of paper in the other. They have it between five and six o'clock, and have ham or tongue and tomatoes and salad or sausages with

good strong tea, plenty of bread and butter, then stewed fruit, with cream or custard and pastries or a good cake. And that's what an Englishman calls a good tea.

Task 4. Read the text and divide it into parts. Give each a title. Make the plan of the text.

Task 5. Put questions into the correct order to reflect the content of the text.

1. What is high tea? What do people eat for lunch?
2. What is afternoon tea?
3. What do people in Britain eat for the midday meal and supper?
4. When do people generally have lunch? What does it consist of?
5. What do people eat for breakfast in Britain?
6. What is the chief meal of the day?

Task 6. Answer these questions. Give full answers.

POST-READING

Task 7. Complete the chart according to the text.

	Breakfast	Lunch	?	Dinner	High tea
time	?	one o'clock	?	?	five and six o'clock
place	at home	?	?	?	?
food	?	?	cup of tea with cake	?	?

Task 8. Using the chart speak about Traditional Meals in Britain.